



A compact guide with concrete insights, successful methods, and practical tools.



Foreword

One messy plan, a forgotten task or a vague briefing, and suddenly you're running behind. But it can be different. With a smart approach, clear processes and a team that knows what it's doing, you build projects that stand strong.

In this e-book we take you step by step into the world of project management. Not dry theory, but a practical guide full of smart insights, proven approaches and directly applicable tools. Whether you work in a small team or a large organisation: this book helps you get a grip on your planning, reach your goals without stress and bring your team onto the same page.

Do you recognise yourself in these questions?

- How do I know when a project team is available?
- How can I adjust in time when delays happen?
- How do I keep track of budget and progress without extra tools?
- How do I keep oversight in long-term planning?

Then this book is for you.

Let's do more. 💪



Content

- The Biggest Challenges in Project Management in 2025
- 2 <u>Project Structure: From Chaos to Control</u>
- Best practices from the field
- 4 Smart use of team and capacity
- 5 Tools & technologie die je tijd besparen
- 6 <u>Project management methods</u>
- 7 <u>Implementing change in practice</u>
- 8 <u>Case studies: succesful project management</u>
- 9 Why do companies choose vPlan?

The biggest challenges in project management in 2025

"Have you heard back from the project team yet?"

A question asked far more often than you'd like. In many organisations, project management is still based on Excel sheets, whiteboards or scattered tools. It may seem workable, but it creates hidden risks. If one person is off sick, the entire overview disappears. If a deadline shifts, nobody knows what the impact is on other projects.

Capacity planning is often the biggest bottleneck. Especially in technical or service-oriented companies where many people work on several projects at the same time. Without proper insight, changes create chaos, deadlines slip out of control, and frustration spreads through the team.

But even with a solid foundation and the right tools, you can still stumble. Project management is more than just planning, it's about people, communication and adjustments along the way. Even in organisations where everything runs "by the book", projects can still go wrong.





Common Pitfalls

Fortunately, you don't have to figure everything out yourself. Researchers have already shared countless insights into how people and teams perform best. Below, we list the most powerful theories along with how you can apply them in the workplace:

1. Unclear goals and expectations

Without a clear objective or shared expectations, your project is at immediate risk of derailing. Team members each have a different idea of what "successful completion" means, leading to confusion, frustration, or even a complete standstill.

Tip: Always define a concrete, measurable goal in the initiation or definition stage. Capture it on a single A4 sheet and have your team confirm their agreement.

2. No room for risks or unexpected events

Your schedule is tight, realistic, and ambitious. But what if something goes wrong? Illness, supply issues, or technical problems occur more often than you think. Without a buffer, stress kicks in the moment something runs late.

Tip: Build in a standard 20% margin for time and budget. It may feel generous, but it creates calm and flexibility.

3. Overly optimistic planning

A strict timeline looks impressive on paper. But once you discover that your team's capacity is insufficient or that dependencies cause delays everything starts to overrun.

Tip: Create the planning together with your team. Involve the people who will actually carry out the work in estimating the time required.





4. Lack of support

A plan imposed from the top down, without team involvement, quickly feels like an obligation rather than a shared goal. The result? Little ownership, growing frustration, and even people dropping out.

Tip: Involve your team in shaping the plan. When people contribute their ideas, they are far more engaged and committed to making it succeed.

5. Forgetting aftercare

Project completed? Check. But if you don't evaluate, you miss the chance to celebrate successes and to learn from mistakes. Without reflection, you risk repeating the same issues in your next project.

Tip: Always schedule a closing evaluation. Ask every team member to look back: what went well, and what could be improved?

For your organisation:

Use these five pitfalls as a reflection tool at the start of every project. Post them in the project room if necessary. Recognising mistakes helps you prevent them. Learning from them makes your team grow faster.

Many of these pitfalls share a common factor: the team. Whether it's unclear communication, lack of support, or an unrealistic schedule, the success or failure of your project depends on the people working on it.

In the next chapter, you'll discover how structure and stages can create calm and turn every project into a manageable process.





Project structure: from chaos to control

Imagine this...

A team is in the early stage of a major project: there's excitement, ideas are flying around the table, and everyone wants to dive straight in. But after a few weeks, things start to grind. Deadlines become unclear, tasks overlap, and no one knows exactly who is responsible for what. Sounds familiar? Chances are you're missing structure.

Why structure matters

Structure is the foundation of every successful project. It ensures everyone knows what needs to be done, when it needs to happen and who is responsible. Without structure, you're working reactively, you are putting out fires instead of moving forward.

What is project structure?

Project structure is about breaking your project into logical, manageable stages. You move from broad to detailed, from idea to execution. And you make it clear in advance who plays which role.

This doesn't mean everything is set in stone. It simply provides a clear path to follow.

The five classic project stages

- Initiation the idea takes shape. What is the goal? Is there support?
- Definition the project is outlined. What is the scope? Who is involved?
- Planning timelines, tasks, and capacity are detailed.
- Execution the work is carried out, with adjustments as needed.
- Closure results are delivered, evaluated, and secured.

Practical example

Vince, project manager at Vijz, brought structure to their processes by visualising planning in vPlan. Previously, their sales process consisted of just two steps. By setting up vPlan, the process gained real structure: every stage now follows fixed steps, with linked checklists and mandatory fields.

This means the whole team works in a uniform way, progress is always transparent, and essential details such as contact information, invoice data, and logo requests are never overlooked.



Why stages work

- You avoid skipping important steps (such as risk analysis or feedback).
- You make the project predictable, even for stakeholders.
- You create clarity during changes: you always know which stage you're in and what the impact will be.

Make structure visual

Use tools such as Gantt charts or digital planning boards. A visual plan makes the status and progress immediately clear. Everyone can see where the project stands and what the next step is. This is essential when managing multiple projects at the same time.

Checklist: Is your project structured?

- Is the goal concrete and measurable?
- · Are the stages clearly defined?
- Is there a timeline with milestones?
- Are roles and responsibilities explicit?
- Is there room for adjustments and evaluation?

With a solid project structure, you avoid chaos and increase the chance of a smooth project flow.

In the next chapter, you'll see how other companies put this into practice with best practices you can apply straight away.





Best practices from the workplace

What makes the difference between a project that runs smoothly and one that keeps stalling? Often, it comes down to small, practical habits. The everyday routines that successful project teams consistently apply.

Here are the 10 most impactful habits:

1. Work in stages or sprints

Break projects into manageable pieces. This creates more control and prevents the project from feeling "too big."

2. Use fixed rhythms and cadence

Start each week with a short team check-in: Who is working on what? What's blocking progress? Where is help needed? This way, surprises are avoided.

3. Plan with feedback moments

Instead of one final delivery, work with multiple deadlines. This makes adjustments easier and reduces last-minute stress.

4. Make progress visible

Use a digital planning board or timeline where everyone can see the project's status. Tools like vPlan or Trello work well for this.

5. Involve the team in planning

Ask team members to make their own estimates. This increases both engagement and realism.

6. Introduce focus blocks

Plan regular moments each week, where the team can work undisturbed on core tasks. No meetings, no emails.

7. Visualise the end goal

Whether it's a Gantt chart, roadmap, or infographic, a shared view of the end result provides direction and motivation.

8. Link hours to tasks

Have team members log their time at project level. This gives insight into budget use, bottlenecks, and team capacity.

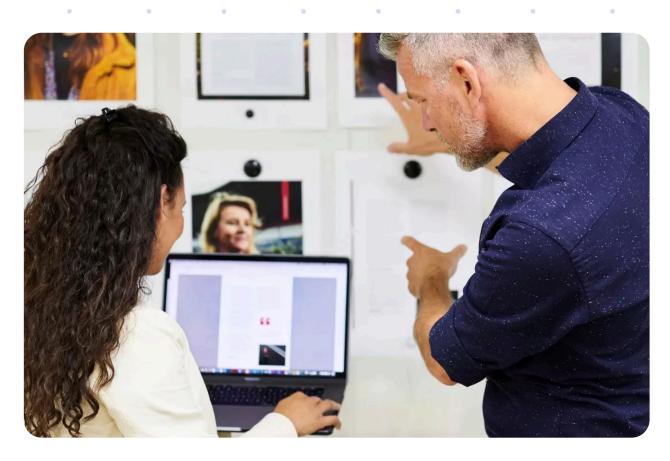
9. Celebrate (small) successes

Achieved a goal or reached a milestone? Take a moment to mark it. Small celebrations build motivation and commitment.

10. Evaluate together, learn together

Schedule a short evaluation at the end of each sprint or project stage. What went well? What could be improved? Continuous reflection strengthens every project.





In Practice

Creative agency 1609bold: "There used to be a lot of stress whenever someone called in sick, because everything was stored in separate Excel files," says the team leader. "Since we started using vPlan, everything is visible in one central place. We have fixed weekly kick-offs, tasks are organised in cards, and we make adjustments as soon as something runs behind.

Everyone feels responsible."





Smart use of team and capacity

"The plan is perfect, but we've run out of people."

It's a thought many project managers have, but rarely say out loud. Yet this is exactly where things often go wrong. Without clear insight into capacity, you're relying on assumptions. You might want to kick off a new project, but if your team is already working at 100% capacity, it simply won't work.

Marco from PPD Instore explains:

"We kept wondering whether our goals were realistic. We regularly had to work until 11 p.m. just to meet deadlines. It quickly became clear that we needed more insight: how many people do we need for a project, and how do we plan that efficiently?"

Capacity = the silent succes factor

Capacity is everything. Who is available, how much room there is in the schedule, and whether the team can realistically complete what's been planned. Too much at once? You lose focus and quality. Too few people? You'll face delays.

Common challenges:

- No visibility into who is available
- · Overload only noticed when it's too late
- · Not taking leave, training, or unexpected absence into account
- Last-minute reschudeling due to urgent jobs or extra work

How to gain insight into capacity

- · Who is working on what
- Planned capacity per week
- · Where there is capacity in the team
- Progress of each task or project



In practice

""CBT was running hundreds of learning projects at once. But the Excel-based planning couldn't keep up with that scale. Now they use vPlan, integrated with AFAS. This gives them visibility into each team member's capacity, who is scheduled, and where there's still availability. The sense of calm on the work floor is tangible."





Checklist:

how to use your team effectively

- Share the planning with your team. This creates a sense of ownership.
- Include buffer time. No schedule should run at 100% planned capacity
- Link planning to time tracking. This shows the difference between planned and actual hours.
- Plan by role, not by name. Assign people later based on capacity.

Tools & technology that saves you time

Almost every project starts with the best intentions, but still end up scattered across emails, Excel sheets, and last-minute WhatsApp updates. The result? Fragmented information, no clear overview, and there's always someone who "just missed that bit."

With the right tools, you connect planning, execution, communication, and progress in a single environment. This prevents duplicate work, reduces the risk of errors, and makes collaboration far more efficient.

Why Digital Tools Are Essential

- They provide real-time insights into status and progress
- · They link planning to capacity and resource allocation
- They reduce manual work and errors
- · They offer one central source of truth

★ Case study – DDJ (accountancy) "Our planning used to be an Excel sheet full of colours.

Great for the person who made it, but incomprehensible for everyone else. Since we started using vPlan, everyone can instantly see who's working on what. The integration with AFAS completes the picture: no more duplicate work."

Key features to look out for:

- Visual planning (such as Gantt charts or card views)
- Drag-and-drop adjustments
- Integrations with your ERP or CRM (e.g. AFAS, Exact, Teamleader)
- · Real-time progress tracking
- · Insights per team, project and employee
- · Notifications and team communication in one central system

Checklist: is your toolkit future-proof?

- · Can you easily plan and make adjustments?
- Is it accessible and easy to understand for everyone?
- · Can you integrate data with other systems?
- · Does it help prevent duplicate work and errors?
- Can you report on progress, hours and resource allocation?



Project management methods

You want control over your project, clarity in your planning, and a working method that suits your team and the type of work you do. But one question remains:

How do you organise your work in a way that fits your team, your goals, and your type of project?

The answer lies in choosing the right project approach. The method you use determines how you collaborate, plan, adapt and deliver. In this chapter, we explore the most widely used methods. You'll learn when to use each approach, the pros and cons, and how to avoid getting lost in methodology.

1. Waterfall: Clear and Linear

The Waterfall method is ideal for projects with a defined beginning and end, where requirements are clear from the start. Think construction projects, technical implementations or legal processes. Each stage follows logically from the one before.

- ✓ Structure, clarity, minimal surprises
- Limited room for mid-course adjustments

When to use it: Projects with a fixed scope and timeline, for example, an ERP implementation or a marketing campaign with a hard deadline.

2. Scrum: flexible and Iterative

Scrum is an agile working method. You work in short sprints, with clear goals and continuous feedback. It's ideal for dynamic projects where requirements and insights evolve along the way.

- ✓ Flexibility, team engagement, fast delivery
- Requires discipline, structure and active coordination

When to use it? For innovation, software development, or projects with a high level of uncertainty. Start small and improve as you go.



3. Kanban: visual and continuous

Kanban is all about visual oversight. At a glance, you can see who's working on what. Work flows continuously from 'to do' to 'in progress' to 'done'.

- ✓ Simple, visual, ideal for operationele teams
- X Less suited to projects with strict deadlines

When to use it? For support, service or operational departments. Start with a Kanban board on a whiteboard or in a tool like Trello or vPlan.

4. Hybrid models: the best of both worlds

Sometimes, combining methods is the smartest approach. For example, a Waterfall plan for deadlines, paired with Scrum sprints for execution.

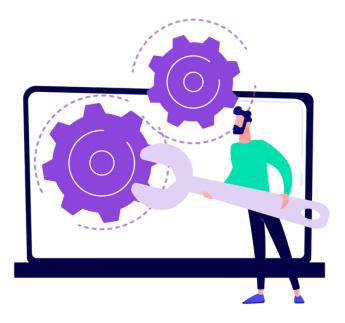
- ✓ Balance between structure and flexibility
- X Requires coordination and clear communication

When to use it? For projects that need both predictability and agility. Discuss what works best on a project-by-project basis.

Checklist: which method fits your project?

- ✓ Is the project predictable, or will it change along the way?
- ✓ How much autonomy does your team have?
- ✓ Are there hard deadlines, or is there room for iteration?

No matter which method you choose, don't treat it as dogma. Adapt what works, let go of what doesn't. In the next chapter: How do you measure progress, results and success?





Implementing change in practice

Rolling out new tools or processes is one thing. Embedding them into your organisation is something entirely different. Change is about people, and every team responds differently to yet another new way of working.

Without buy-in, even the best planning tool will go underused. And without a clear working method, you remain stuck in outdated habits. That's why it's essential to invest in adoption from day one.

Recognisable pitfalls during change:

- "I don't see the point" employees don't understand the why
- "We don't have time for this" change is seen as extra work
- "I prefer doing it my own way" no clear agreements leads to confusion
- "It's in some other tool" lack of a central working method

How to get your team on board with a new way of working:

1. Start with the 'why'

Make it clear why the change is necessary. Link it to real, relatable problems (like errors caused by double planning).

2. Involve your team early

Ask for input when choosing tools or setting up workflows. This increases support and ownership.

3. Make it visual and concrete

Show what the new way of working looks like in practice – think dashboards, weekly standups, or the new planning board in the workshop.

4. Establish clear routines

Schedule regular moments for planning, meetings and reflection. This helps embed the new way of working into daily routines.

5. Keep collecting feedback

What's working well? What isn't? Adjust your approach based on team experiences.



In practice

At first, there was resistance: 'yet another new system.' But after we showed a demo and asked how they would like to use it, things changed. Now, they set up tasks themselves — there's more calm, and a better overview."





Case studies:

Succesful project management

Creative project planning with maximum flexibilty

At the creative marketing agency 1609bold, everything used to run through Excel. Until someone fell ill and no one knew the status of the projects anymore.

Now, the entire team works in vPlan. They have real-time insight into project progress and can adjust plans flexibly when things change. Communication between planning and sales has also improved significantly. New projects are only accepted if they truly fit into the planning.

What it delivered:

- · Saving 30 minutes every day
- · Fewer errors thanks to centralised insight
- · More space for creativity





From Excel chaos to streamlined client work

The accountancy firm DDJ struggled to keep track of who was doing what, and when. All projects were manually copied from AFAS into an Excel planning sheet.

Thanks to the integration between vPlan and AFAS, they now have a clear view of where each task stands and where action is needed.

What it delivered:

- Faster response times with clients
- · Fewer errors thanks to up-to-date planning
- More time for advice and added value







One central plan for all projects at KNHS

KNHS, the Royal Dutch Equestrian Federation, previously worked with scattered tools, Excel files, and overlapping versions. Projects were often managed separately, with no clear overview. After searching for an accessible and visually strong tool, they discovered vPlan. Today, they work with standard templates, clear labels and a structured, centralised environment for all projects.

What it delivered:

- Less duplication of work and improved collaboration
- Project leads have a clear understanding of their responsibilities
- Steering groups receive a clear overall view every month



Read the full story here

Control over complex learning projects

CBT, a fast-growing training institute, increasingly offered customised programmes and workplace-based learning. But their planning tool Excel could no longer handle the growing complexity. vPlan provided the solution. With an integration with AFAS and visual planning boards, the team now has clear oversight of capacity, external partners, and hundreds of hours of work per project. Flexibility and real-time updates make all the difference.

What it delivered:

- Insight into capacity per team and project
- · Schedules that adapt flexibly to change
- Less stress and more control over delivery

Fread the full story here



See <u>how other companies</u> tackled their challenges and what solutions helped them move forward.



Why do companies choose vPlan?

Companies choose vPlan because they want control over their projects, but not all in the same way. Every organisation has its own working methods, challenges and requirements. vPlan responds to this with a flexible tool and personalised support.

Because vPlan is more than just a project management tool.

From day one, we help you design a smart approach to project-based work, streamline your processes, and enable your teams to collaborate more efficiently. That's how we make project management accessible, clear and scalable.

Below, you'll see how vPlan addresses the key needs of modern project teams:

⊗ Structure and Clarity

Together, we bring structure to your projects with clear stages, tasks, deadlines, and, if needed, integrations with other systems.

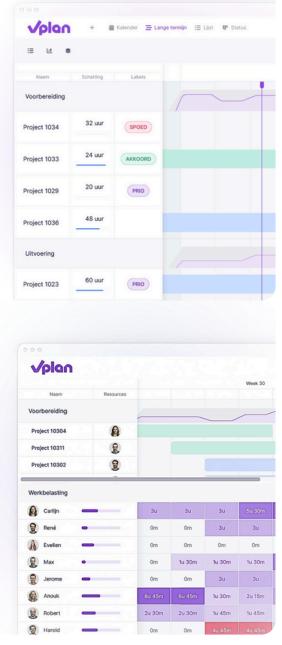
By working with a well-defined project structure, you create calm and predictability in execution of everyone involved.

X Project structure and planning

Every project is different, that's why in vPlan, you choose how to visualise your work, using a variety of views. You can pull in pre-calculations automatically or enter them manually, so you know in advance how much time, resources and capacity are needed. This allows you to manage scope and expectations right from the start.

🖍 Team and capacity planning

Who has room in their schedule? Who's fully booked? vPlan instantly shows you the availability and workload of your team, or individual team members. Tasks are easy to assign, helping you prevent overload and make the most of your capacity





Time and hour tracking

Logging hours is easy. Team members record time directly on their task or card, and the tool automatically links it to the schedule. This gives you real-time insight into project progress so you know whether you're on track or need to make adjustments.

Progress and reporting

With vPlan, you always have a clear overview both within a single project and across multiple projects. Dashboards, timelines and Gantt charts give you visual insight into progress, milestones and potential bottlenecks. No surprises afterwards just control from the start.



Collaboration and

Communication

Add comments, @mention colleagues, and upload files to tasks or cards.

Everything is recorded centrally, so everyone stays informed and scattered emails or confusing versions are a thing of the past.



Learn more about vPlan and how it can support your project management.



